

ROMAN FOOD FACTS

INVESTIGATING ROMAN FOOD TYPES AND FIND OUT WHAT THE ROMANS ATE

Introduction activity

Demonstrate the History Cookbook resource located [here](#) and show the pupils the information that is contained there.

Also demonstrate to the pupils the information about what Roman food remains have been discovered in London by accessing the Museum of London resource located here. This gives us an insight into the food items from Roman times and also our evidence for this.

Pupils can then begin to have a wider picture of the range and type of foodstuffs that Roman Londoners consumed.

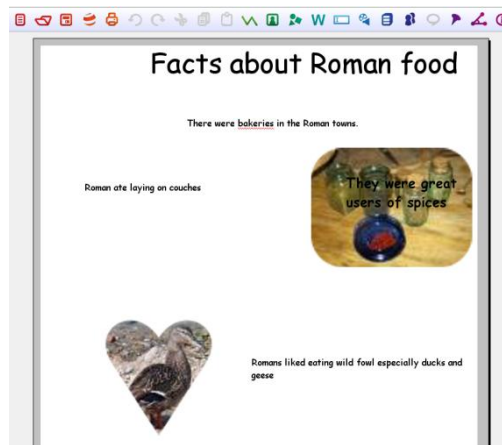
Main part of the lesson

Explain that you want the pupils to work in pairs and to search the given information in the History Cookbook for 5 - 10 interesting facts about Roman food.

Explain that you are not just looking to pupils to copy and paste information but it has to be re-written in their own words. Discuss with the class why this is important.

When the pupils have found their interesting facts, ask them to use j2E located on the LGfL content grid to create a poster of their facts.

Demonstrate how they can save the images from the History Cookbook site by using the 'right click' 'save picture as' method and then add the images they have saved into their J2E poster.



Plenary

Pupils can share their completed posters.

The class could complete a class database of Roman food facts that can be added to over the period of Roman study.